

# **Alien Abduction**

**Kristy Kim**

Air Date: Tuesday October 26, 1999

*For Halloween week, 7 News Reports is exploring the unexplainable. Today, a look at aliens. Are they really visiting earth or are they just the product of some earthlings overexcited imaginations? Kristy Kim shares with us the story of one woman's encounter.*

We've seen this image over and over in the movies, aliens from another planet. But for 31-year-old Karin Austin, the image is all too real. She says she has been abducted countless times.

## **Karin Austin, Claims to have been abducted by aliens**

"My own mother wanted to believe I was crazy at first. It was easier for her to believe that. It was easier for me to believe that."

It was four years ago this Boston native was living a "normal" life and engaged to be married when she says she was first abducted. Lying in bed one night half-asleep she suddenly felt paralyzed. Then she says she was lifted out of bed by a beam of light and transported to an alien spacecraft.

## **Karin Austin**

"The beginning aspects of the experience are very traumatizing...very scary"

Was this real or a bad dream? Dr. John Mack, a Pulitzer Prize-winning author and Harvard Medical School Psychologist has studied hundreds of "experiencers," often under hypnosis, who say they have been abducted. At first he was skeptical.

## **Dr. John Mack, Harvard**

"I immediately reacted that this must be some new form of psychiatric illness."

Other medical experts think it could be sleep paralysis or the result of something called "created" memories during hypnosis. But after years of study Dr. Mack says he has seen striking similarities in the "experiencers" stories and is a believer.

## **Dr. Mack**

"It might seem crazy but this is what seems to be occurring."

Mack says Karin's experience echoes that of hundreds of other abductees. On board the ship, she says she woke up surrounded by small, androgynous creatures with large eyes. It was then that she says these beings actually spoke to her telepathically.

## **Karin Austin**

"This planet is sacred. It doesn't belong to this one species and somehow you humans cannot go on destroying life."

An alien message to save planet earth? It may sound like science fiction, but after countless interviews with abductees, Dr. Mack is convinced that aliens do exist. Despite their violent image on the silver screen, he says they come here not to hurt us, but to save us from ourselves.

## **Dr. Mack**

"What they communicate to us over and over and over again is this planet is sacred. What I try to get across is listen to it. Take it seriously."